



ROK Beauty Bar
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Wax, Lash, Tan, Gorgeous

WAXING AFTERCARE

You've just had an amazing wax and you need to look after yourself, especially for the next 24 hours! Your pores are wide open and susceptible to all sorts of nasties. Here's the down low on the do-not's –

AVOID FOR 24 HOURS –

- Touching the waxed area with your filthy mitts. Even clean hands have bacteria on them just waiting to cause infection.
- Moisturizers, creams, lotions, deodorant, make up etc – basically anything that can clog your pores. Mineral make up and gentle cleansers are ok.
- Really hot showers, swimming pools, saunas – your skin is sensitive right now, don't irritate it further!
- The sun! Sun burn on freshly waxed skin = major ouch.
- Tight clothing (eg. leggings).
- Exfoliating – no need, your skin has just been exfoliated!
- Fake tanning – more clogging of pores.

Calm down! It's only for 24 hours!

Now for the do's –

DO –

- Exfoliate 2-3 days after your wax using a mitt (for body waxing) or an exfoliating scrub (for facial waxing). Use a gentle, circular motion over the waxed areas. This will help to prevent ingrown hairs by removing dead skin cells and therefore preventing hair getting trapped under the skin. You should exfoliate your skin once or twice per week to keep it smooth and supple. Invest in a good mitt!
- Moisturize your gorgeous skin (after 24 hours), every day to keep the skin soft and healthy and therefore helping to prevent ingrown hairs.
- Re-book your next wax in four week's time. Waxing every four weeks will gradually regulate your hair growth cycle, in turn resulting in less hair regrowth.